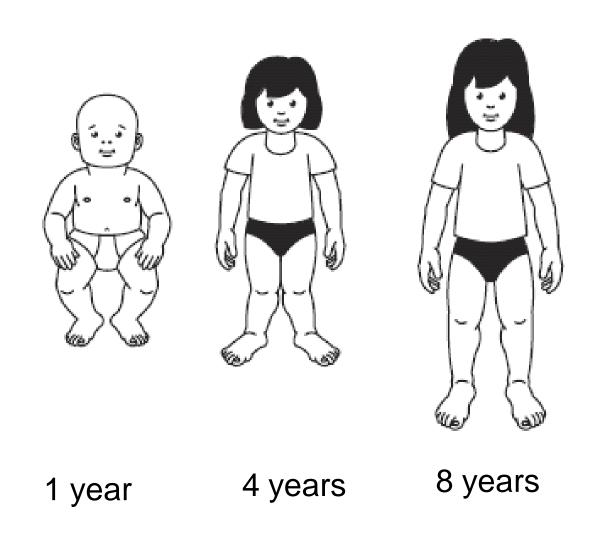
Deformities of lower limb

Dr. Sameer Desai

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Normal Evolution of Bow legs



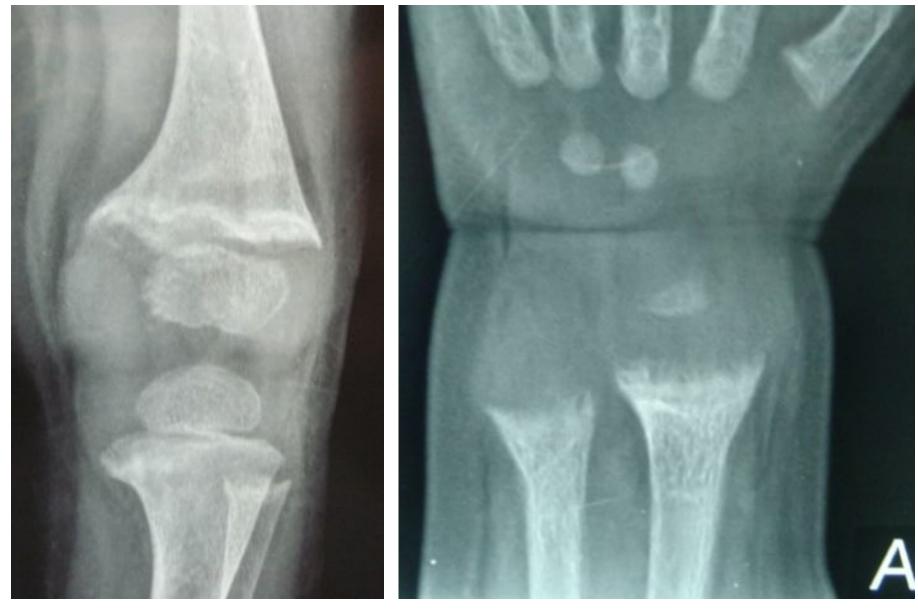
Correction of physiological genu varus







Rickets



Indications for reference

- 1. Bow legs get worse after 3 years
- 2. Knock knees persist after 8 years
- Only one side is affected
- 4. Pain or limp
- 5. Child is unusually short (Achondroplasia)

1.5 yr old obese boy

After 1 yr





Blounts disease 3.5 yr. old with unilateral bow legs







Bracing



'8' Plate for hemi-epiphsiodesis

Pre operative

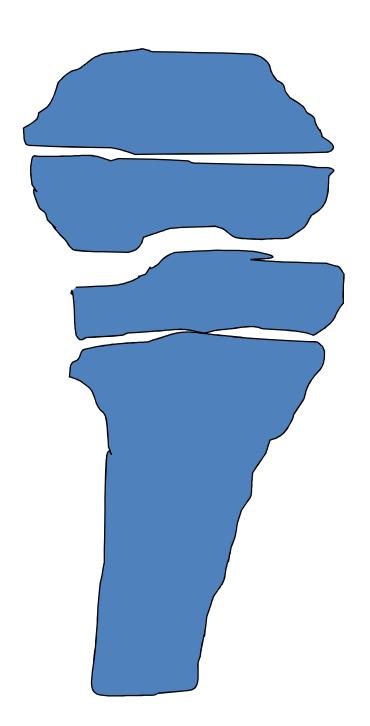




Post Operative



Epiphysiodesis using 8 plates



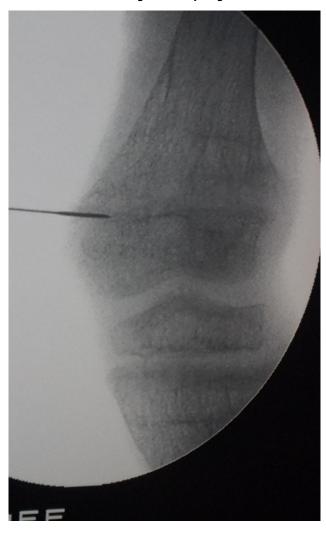
8 plates

8 plates

8 plates

Steps of 8 plating

Identify the physis



Slide the plate

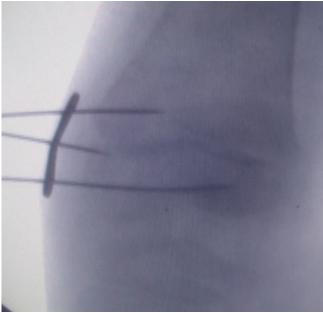


Steps for 8 plating

Pass guide wires to confirm position

4 mm cc screw







Case example

Pre operative After 1.5 yrs











Post operative

Importance of intramedullary device





Rickets

5 yrs 7 yrs





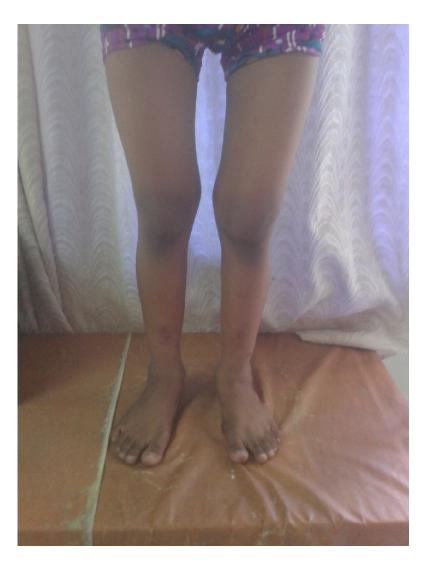


Over correction- After 1.5 yr





Removal and placing plates on opposite side-6 months after





Renal Rickets





















Elbow X ray –Sauvegrains score

Olecranon apophysis

3 yr. Old. No history of trauma or infection









Thank You